

HHGERA

NEWS

The Newsletter of the Hanger Hill
Garden Estate Residents Association
www.hhgera.com



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Summer has been full of activity - from many summer festivals to regular PlayStreets, there was no shortage of events for residents to enjoy and get involved in. The Residents Association exists to keep your views on the Estate heard and works to promote a strong community. Do get in touch with us and enjoy the autumn edition of your Newsletter.

Resident Interview: KATE AND MIKE CROSSLAND

Kate and Michael stumbled upon the HHGE because they got lost getting off the North Circular Road! They fell in love with the Estate, bought a flat in Ayr Court from Japan Services, and moved in in August 2006. The love that started on first sight continued as their daughter Simone was born and many neighbours became friends. It was a relationship with a long-term resident, Percy, that stood out the most. Kate and Michael enjoyed helping Percy out and appreciated many of the original features of his flat. They both embarked on refurbishing their own to look and feel as closely as possible to the flats' original design.

I asked Kate what prompted her to start PlayStreets: she saw there are increasing numbers of children on the Estate with no access to gardens. In addition, most of them attend different schools so they wouldn't normally meet, get to know each other, and play. Some of the retired residents may sometimes feel isolated but are eager to join the street party. Working for a charity on community outreach programmes, Kate envisioned PlayStreets as a series of regular community building events that would bring together neighbours of all ages and walks of life.

Mike spoke of "random social collisions", calling on research which shows that we are happier when we know our neighbours. He sees PlayStreets encouraging and cementing community cohesion. They both repeatedly emphasised and want to publicise the fact that **PLAYSTREET IS FOR EVERYONE!** Last year's Halloween was a great success - don't miss this one, join your neighbours on Saturday, 29th Oct from 2pm - 4pm on Monks Drive.



Acton Yochien School Summer Festival

The Estate was at its most beautiful this summer and weather was wonderful. Many residents attended the Festival and enjoyed the great selection of food, drink, music and games on offer at the festival.

The proceeds of the Festival were donated to excellent causes such as London's children's hospitals and toward the funds for the reconstruction of Kumamoto which was struck by earthquake in April this year. Thanks to all for their support.



Your Local Medical Practice
Boileau Road Surgery is a National Health Surgery based on the far north-west of our Estate located on the corner of Boileau Road and Hanger Vale Lane, W5. Dr Margaret Jones retired about 8 years ago and the Surgery is now owned by Dr Das and Mr M A Raman as a Partnership Practice. There are two permanent doctors, Dr A Ibrahim and Dr R Sasae, a



Practice Nurse, a Health Care Assistant, a Practice Manager and Associate Practice Manager, plus four receptionists working throughout the week. Times of opening and availability to provide a wide range of services to its customers, can be found on the website www.boileauroadsurgery.nhs.uk or a list can be made available from the Surgery. There are almost 4,000 patients on the Boileau Road Surgery list and, like all other NHS Surgeries, they provide a wide range of basic, general and specific roles for its customers. Funds are provided by the NHS system based on number of patients on the books plus providing such services as 'flu jabs etc. Boileau Road Surgery are very keen to establish a Patient Participation Group, which is a group of individuals that will "help plan any changes and improvements to our services". Membership will not take up a lot of time probably meeting about every 3 months and is an excellent opportunity for us, the locals, to help them provide a professional and efficient service to its customers. Interested? Please ask at reception for a form (tel. 8997 6604) or go to the website mentioned above.

Neighbourhood Watch Update

Autumn Nights: Leave lights on timers and change the time frames and location of the timers/lights. Holiday Period: Don't leave presents on view through the windows. University bound: Advice from National Action Fraud Seasonal rental fraud is an emerging trend with students looking for suitable accommodation. Fraudsters use a variety of websites to advertise available properties to rent, often at attractive rates and convenient locations. Adverts will seem genuine, accompanied by a number of photos/contact information. Due to demand, students will often agree to pay upfront fees to secure the property quickly, without viewing the property, only to discover that the fraudster posing as the landlord does not have ownership of the property, or often there are already tenants living there.

Protect Yourself: Only use reputable companies

Do some online research such as using Google maps to check the property does exist.

Make an appointment to view the property in person.

Always view the property prior to paying any advance fees.

Look out for warning signs, such as landlords requesting a 'holding deposit' due to the property being in high demand.

A landlord will usually conduct some due diligence on any successful applicant.

Be wary of handing over cash without the landlord requesting employment or character references.

Report Scams to Action Fraud by calling 0300 123 2040 or visiting www.actionfraud.police.uk

Be a Good Neighbour: pop your neighbour's food caddies and garden collection bags off the street, so to as not to advertise who is and who is not home. Recent alerts: First week October, several 'representatives' (1 blond male, 1 possibly middle eastern male dark hair, both wearing Hi Viz jackets) from a 'private security firm' were 'in the area' inspecting properties susceptible to burglaries. **DO NOT LET THEM INTO YOUR HOME**, reputable companies do NOT knock on doors without you making an appointment.

Contact Hanger HILL ward Metropolitan Police Service for a FREE CRIME PREVENTION SURVEY 02087212947 PC Rene Biro and PCSO Ikram Syed **Crime Stats for HHGE (houses and flats)** January 2016: 1 burglary; May 2016: 1 burglary; several attempted burglaries, without suspects entering the premises. 2016: 1 Theft of motor vehicle; April 2016: 2 Thefts from Motor vehicle July 2016: 1 Theft from motor vehicle

Cyber Alerts:

Britec09 has uploaded Fake Critical Windows Update That Encrypts All Your Data

ZEPTO malware: encrypts all your data, wipes your memory sticks if it is plugged in when being attacked. You are then sent a ransom offer via the dark web

Neighbourhood Watch Co-ordinator: Trudy Prescott



West Acton Primary School's "Global Village" Festival The School's PTA and other volunteers in the area including HHGE residents worked tirelessly to make this a success and raised money for great causes.



West Acton Post Office

The post office counter at West Acton has finally opened thanks to considerable efforts on the part of the Residents Association and councillors. The community welcomes the service, including the now fully functioning and free ATM. The Post Office opening hours: Mon - Fri 8:00 am to 8:00 pm Sat - Sun 8:00 am to 7:00 pm



Conway Chemist Welcomes Japanese Staff

Changes continue at Conway Chemist, around the corner from West Acton Station. The lovely and bright interior renovation is now complete and they are proud to welcome two new staff members who are fluent in Japanese, allowing them to offer Japanese speaking staff from Wednesday to Saturday. An especially big welcome to a Japanese qualified midwife, Miyuki, who offers lactation consultations. DHC, a famous Japanese skincare company range continues to grow (spend £10 on DHC and receive a free mask with the voucher below). Due to increased demand the pharmacy has expanded its range of unique gifts in time for Christmas. Keep an eye out for their bright and colourful attention-grabbing window displays each month. Wishing you the best of health, beauty, and of course happiness. READERS OFFER: Spend £10 on DCH products and receive a free Alpha Arbutin Mask!



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